

# FINANCIAL COACHING

## FINANCE



## LET US HELP YOU CLEAN UP YOUR FINANCES

A financial coach can provide a boost to self-control and spending with flexibility as your financial situation changes.

For more information stop by  
The Sharing Center anytime  
between 11am-1pm on:

- Monday, June 7
- Wednesday, June 16
- Wednesday, June 23

Questions? Contact: **Mary Metten**  
Health & Well-Being Educator  
mary.metten@wisc.edu  
(262) 857-1946



### GOAL SETTING

Set goals to improve your financial situation, spending and saving habits & make better financial decisions for your family.



### ACTION PLANNING

Commit to improve your financial situation. This program provides encouragement and support through learning.



### MONITORING

The financial coach will monitor progress with you to help you reach your goals.



Extension  
UNIVERSITY OF WISCONSIN-MADISON  
KENOSHA COUNTY

  
The  
Sharing Center  
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